



Da Silva Coaching

Solutions Designed to Achieve Success and Embrace Change

WHAT IS NEURO LINGUISTIC PROGRAMMING (NLP)?

NLP is retraining the brain to get what you want from life

THE AIM OF UNDERSTANDING YOURSELF OR MAKING A CHANGE

Live the life you want to lead – why settle for anything less?

Be who you want to be – if you are not happy - change it!

Do what you want to do – what is stopping you?

Have what you want to have – anything is possible!

HOW CAN NLP HELP YOU?

NLP can help with many aspects of your life including your past, present and future. Are you ready for an amazing transformational NLP personal or business coaching session?



Ready to make a change? Get in touch

Telephone: 07789980382

Lesley@dasilvacoaching.co.uk

www.dasilvacoaching.co.uk

BUSINESS TRAINING & COACHING

How can an NLP experience benefit me or my business employees?

- Improving financial position via clearer thought processes
- Exceeding set targets
- Customer satisfaction
- Attract and retain amazing employees
- Improve employee engagement & inspiration
- Create a high performance working environment
- Take emotional intelligence to another level



We work with

We have experience of working with small, medium, large and corporate organisations in a range of industries



How can NLP help a business?

People (employees, customers, leaders, owners) are key aspects to any business. As an individual person the unconscious mind is extremely powerful to making us a success in our own right. Trusting the subconscious mind and retraining it is key to understanding ourselves, others, what we are capable of, how to achieve our goals, outcomes and dreams in life and business.

Customer Experience

- Transform Your Client Experience
- Customer Service Skills
- Understanding Customers
- Handling Complaints
- Customer Retention
- Happy Social Media Interactions
- Communication

Leadership Management

- Strategic Thinking
- Recruitment & Selection
- Perfect Induction
- Effective Team Building
- Introduction To Management
- Managers As Developers
- Performance Management & Appraisals
- Succession Planning
- Change Management

People Development

- Power to influence
- Assertiveness
- Motivation
- Coaching
- Presentation Skills
- Appraisals
- Time Management
- Communication

- Selling Skills
- Identifying Revenue Opportunities
- Growing Your Customer Base
- Knowing Your Competitors
- Networking
- Communication

Business Training Sessions to groups of all sizes • Business Workshops to small groups
Individual coaching with employees • Coaching for yourself

Group workshops are available with entry rates starting as low as £5
Follow us on Facebook for the latest event dates and promotions

07789980382 Lesley@dasilvacoaching.co.uk www.dasilvacoaching.co.uk